

SEASONS



Leesburg Parks & Recreation • January - April 2007
Your Source for Sports & Recreation Activities in Leesburg

Sign-Up & Schedules for Youth & Adult League Programs

**Baseball • Softball • Aquatics • Health & Fitness • Sports Training
Soccer • Tennis • Camps • Instructional Programs • Adult Leagues**

RECREATION AND PARKS STAFF

Administration	
Director	Bruce Ericson
Assistant Director	Troy Houtman
Athletic Fields/Parks Manager	Jennifer Magavero
Athletic Supervisor	Brian Andreichuk
Athletic Supervisor	Sharon Jacoby
Athletic Supervisor	John Allen
Facility Manager (Community Building)	Deidra Boger
Museum Curator	Rick Reed

SPORTS AND SPECIAL PROGRAMS

Registration Policy

Registration is accepted on a first-come, first-served basis until the program is filled, or until the program deadline date, whichever comes first. Thereafter, registration may be accepted on a space available basis only.

Proof of residency/age and PAYS (Parents Alliance for Youth Sports) certification is required. Each time you register for a sport or activity, you must provide a copy of your utility bill or other proof of your Leesburg address.

You must provide a copy of each child’s birth certificate if this is their first time participating in Leesburg’s recreation program/activity, as well as proof of certification of PAYS.

Late Registration Policy

If space is available, registration may be accepted after the deadline date for some programs. Register early to avoid being left out.

HOW TO REGISTER

Walk In

Registration is accepted from 7:30 a.m.-5 p.m. Monday-Friday at our office at 318 S. 2nd St. We accept Visa, MasterCard, cash, money order or check — payable to City of Leesburg (there is a \$25 return check fee). We can now take Visa/MasterCard orders over the phone.

Mail In

Complete a registration form available at our office by printing clearly in blue ink. Please include a check (no cash please) or money order made payable to “City of Leesburg”. Also include proof of residency/age and PAYS certification. Mail to City of Leesburg Recreation and Parks Department, 318 S. 2nd St., Leesburg, FL 34748.

NOTE: It is the policy of the City of Leesburg Recreation and Parks Department that once you register for a program, you don’t receive confirmation of that registration, except for your canceled check or your computer transaction receipt provided upon registration. It is the responsibility of the participant to show up for the class/activity on time and on the correct start date.

WELCOME TO LEESBURG

As Mayor of Leesburg, I would like to invite everyone to take advantage of the many recreational opportunities presented in this issue of “Seasons”. The Parks and Recreation Department is constantly working to develop quality programs and facilities to meet the community’s leisure needs. In addition to nearly 300 acres of parkland, other facilities include: the Venetian Cove Marina, Historical Museum, Cultural Arts building, community building, Mote Morris House, Pat Thomas Stadium and three boat ramps for access to Lake Harris and Lake Griffin.

Whether you are a participant or a spectator, “Seasons” provides opportunities for renewing old friendships and starting new ones. Leesburg will host several baseball, softball, shuffleboard, tennis and fishing tournaments this year. Don’t miss the Florida Collegiate Summer League’s newest team, the Leesburg Lightning, on opening day June 7 at Pat Thomas Stadium, and look for the grand opening of our dog park in the coming months.

I hope you and your family will enjoy the many recreational opportunities and facilities available in our community.

Sanna Henderson,
Mayor of Leesburg

RECREATION BOARD MEMBERS

Marcus Niblack E-Mail: MarcusNiblack@BGCLSC.org Appointed by: Commissioner John Christian	Rick Vihlen Appointed by: Commissioner Bill Polk
Ryn Sapp Appointed by: Commissioner Sanna Henderson	Jim Mathews E-Mail: flgators4ever@aol.com Appointed by: Commissioner David Knowles
Jim Burry E-Mail: burryspharmacy@earthlink.net Appointed by: Commissioner Lewis Puckett	

THANK YOU SPONSORS

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Dr. Bunn, D.D.S.	Lions Club 1271
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Hawk & Puglia Family Practice	Skate World
Henry Mitchem Equipment	Softballs-R-Game
Keler Williams	United Southern Bank
Kiwanis Clubs of Leesburg	
Lake Medical Inc.	

ASK JENNIFER

By Jennifer Magavero, Parks and Athletics Fields Manager

Question: I have a plot in the community garden and am wondering what would be good to plant during the winter season?

Answer: Of course strawberries! With our milder winters here in central Florida these plants thrive, yielding buckets of sweet, mouthwatering strawberries during the winter and early spring months. Another good bet for the health conscious is the whole family of vegetables: cabbage, broccoli, and cauliflower. An underutilized crop to consider for your garden plot is cut flowers. I would start some of the more popular bulbs. Anemones, Hyacinths, and Tulips are readily available at your local garden store and will yield beautiful cut flowers. However, the bulbs will have to be removed and refrigerated in order to be re-used the following year. Another great bulb is the Amaryllis. This bulb can actually remain in the ground all year, but will only yield blooms once annually. Another great choice for cut flowers, if seed or starts can be obtained, is Larkspur. A species especially suited for Florida is Delphinium tatsienense.

Question: Does central Florida have any flowers that announce the arrival of spring? I have just moved to the area from a more northern climate and am dismayed at the thought of no spring flowers.

Answer: On the contrary, it may be subtle, but we do have some beautiful early spring flowers in central Florida. Wisteria grows quite readily here. In early spring this vine is festooned with heavy clusters of beautiful and fragrant lavender flowers. Also there are Japanese Magnolias, Magnolia soulangeana, and Redbuds, Cercis canadensis. Both of these deciduous tree species feature showy pink blooms in the early spring prior to leafing out. In shadier areas Camellias, both the sasanqua and the japonica species, will yield blooms ranging in a variety of colors from mid winter to late spring. And last but not least, the Azaleas give the biggest bang for the buck. Nothing says spring like a hedge of beautiful Azaleas in every imaginable shade of white, pink and peach in the early spring.

LEESBURG LIGHTNING HOME SCHEDULE

All games

At Pat Thomas Stadium

Game time 7 p.m. (unless noted)

JUNE 7	WINTER PARK (Opening Night)
JUNE 12	WINTER SPRINGS
JUNE 14	ALTAMONTE SPRINGS
JUNE 16	SANFORD (DH 4 p.m.)
JUNE 22	MILITARY ALL STARS
JUNE 26	WINTER SPRINGS
JUNE 28	ALTAMONTE SPRINGS
JUNE 29	WINTER PARK
JULY 3	WINTER SPRINGS
JULY 4	ALTAMONTE SPRINGS (3 p.m.)
JULY 7	SANFORD (DH 4 p.m.)
JULY 9	WINTER PARK
JULY 18	WINTER PARK



JULY 21	ALTAMONTE SPRINGS (DH 4 p.m.)
JULY 25	SANFORD
JULY 26	WINTER SPRINGS
JULY 27	WINTER PARK
PLAYOFFS BEGIN JULY 31	
CHAMPIONSHIP GAME	
AUG. 5 AT TROPICANA FIELD	

YOUTH SPORTS

T-BALL

Activity Number: 221102-0
Ages: Boys, 5 and 6
Age Eligibility Date: May 1, 2007
Uniform needed: Baseball Glove & Plastic Cleats
Location: Susan Street Complex
Registration: April 16 - May 18, 2007
Fee: \$15
Non-resident: \$30

The program is held Monday & Wednesday evenings or Tuesday & Thursday evenings for five weeks. The league is designed to teach the basics of hitting, throwing, etc., Competition is not emphasized.

CAP LEAGUE BASEBALL

Activity Number: 221103-1
Ages: 7 and 8
Age Eligibility Date: May 1, 2007
Uniform needed: Baseball Glove & Plastic Cleats
Location: Susan Street Complex
Registration: Through Feb. 9, 2007
Games/Practices: Tuesday & Thursday
Fee: \$25
Non-resident: \$40

A pitching machine is used for more action at the plate and in the field and to diminish the fear of being hit by a ball. It also increases the safety of the game and improves the playing confidence and ability of all participants.

CAL RIPKEN MINORS BASEBALL

Activity Number: 221104-1
Ages: 9 and 10
Age Eligibility Date: May 1, 2007
Uniform needed: Baseball Glove & Plastic Cleats
Location: Susan Street Complex
Registration: Through Feb. 16, 2007
Games/Practices: Monday & Wednesday
Fee: \$25
Non-resident: \$40

Players continue building and refining their fundamental skills while they begin to understand game strategy. They also first experience hitting a ball pitched by another player of their age group. Special rules are implemented to aid in the flow of the game and to create more action.

CAL RIPKEN MAJORS BASEBALL

Activity Number: 221105-1
Ages: 11 and 12
Age Eligibility Date: May 1, 2007
Location: Susan Street Complex
Uniform needed: Baseball Glove & Plastic Cleats
Games & Practice: Tuesday & Thursday
Registration: Through Feb. 16, 2007
Fee: \$25

Official baseball rules are used, but special rules as necessary for the development and welfare of this age group. The game is played on a 70-foot diamond with a pitching distance of 50 feet. To encourage the league to train more pitchers, rules set the maximum number of innings a pitcher may pitch in a calendar week. Regulation games are six innings, or four innings if a game is called.

BABE RUTH BASEBALL

Activity Number: 231106-1
Ages: 13 through 15
Age Eligibility Date: May 1, 2007
Location: Sleepy Hollow Baseball Fields, Pat Thomas
Uniform needed: Baseball Glove & Plastic Cleats
Games: Work around Leesburg High School JV scheduled games
Registration: Through Feb. 23, 2007
Fee: \$25
Non-resident: \$40

Players will begin playing on a regulation baseball diamond. Leading off while on base is another addition for this league.

ON THE INTERNET

Visit us on the web at:
www.eteams.com/LRD
The City of Leesburg's Web site is:
<http://leesburgflorida.gov>

YOUTH SPORTS

SPRING CAP MISS BABE RUTH
SOFTBALL

Activity Number: 221701-1
Ages: 6 though 8
Age Eligibility Date: Jan. 1, 2007
Location: Sleepy Hollow Fields
Uniform needed: Softball Glove & Plastic Cleats
Placement: 6 p.m., Feb. 19 & 21, 2007 at Sleepy Hollow
Games: Saturday, Monday, & Wednesday
Registration: Through Feb. 16, 2007
Fee: \$25

Teams may travel to other cities for games. Games TBA. As an affiliate of Babe Ruth League, Inc., we are dedicated to building a premier softball program. The goals of our league are education, skill development, participation for players at all levels of athletic ability, and to ensure the participants have FUN. Youth in this league will use a pitching machine. Participants also have the opportunity to play in tournaments at local and district levels.

SPRING JUNIOR MISS BABE RUTH
SOFTBALL

Activity Number: 221703-1
Ages: 11 though 12
Age Eligibility Date: Jan. 1, 2007
Location: Sleepy Hollow Fields
Uniform needed: Softball Glove & Plastic Cleats
Placement: 6 p.m., Feb. 19 & 21, 2007 at Sleepy Hollow
Games: Saturday, Monday, & Wednesday
Registration: Through Feb. 16, 2007
Fee: \$25

Teams may travel to other cities for games. Games TBA. As an affiliate of Babe Ruth League, Inc., we are dedicated to building a premier softball program. The goals of our league are education, skill development, participation for players at all levels of athletic ability, and to ensure the participants have FUN. Youth in this league will use a pitching machine. Participants also have the opportunity to play in tournaments at local and district levels.

SPRING LITTLE MISS BABE RUTH
SOFTBALL

Activity Number: 221702-1
Ages: 8 though 10
Age Eligibility Date: Jan. 1, 2007
Location: Sleepy Hollow Fields
Uniform needed: Softball Glove & Plastic Cleats
Placement: 6 p.m., Feb. 19 & 21, 2007 at Sleepy Hollow
Games: Saturday, Monday, & Wednesday
Registration: Through Feb. 16, 2007
Fee: \$25

Teams may travel to other cities for games. Games TBA. As an affiliate of Babe Ruth League, Inc., we are dedicated to building a premier softball program. The goals of our league are education, skill development, participation for players at all levels of athletic ability, and to ensure the participants have FUN. Youth in this league will use a pitching machine. Participants also have the opportunity to play in tournaments at local and district levels.

SPRING SENIOR MISS BABE RUTH
SOFTBALL

Activity Number: 221704-1
Ages: 13 though 14
Age Eligibility Date: Jan. 1, 2007
Location: Sleepy Hollow Fields
Uniform needed: Softball Glove & Plastic Cleats
Placement: 6 p.m., Feb. 19 & 21, 2007 at Sleepy Hollow
Games: Saturday, Monday, & Wednesday
Registration: Through Feb. 16, 2007
Fee: \$25

Teams may travel to other cities for games. Games TBA. As an affiliate of Babe Ruth League, Inc., we are dedicated to building a premier softball program. The goals of our league are education, skill development, participation for players at all levels of athletic ability, and to ensure the participants have FUN. Youth in this league will use a pitching machine. Participants also have the opportunity to play in tournaments at local and district levels.

SPRING PREP BABE RUTH
SOFTBALL

Activity Number: 221705-1
Ages: 14 though 16
Age Eligibility Date: Jan. 1, 2007
Location: Sleepy Hollow Fields
Uniform needed: Softball Glove & Plastic Cleats
Placement: TBA
Games: Saturday, Monday, & Wednesday
Registration: Through March 30, 2007
Fee: \$25

Teams may travel to other cities for games. Games TBA. As an affiliate of Babe Ruth League, Inc., we are dedicated to building a premier softball program. The goals of our league are education, skill development, participation for players at all levels of athletic ability, and to ensure the participants have FUN. Youth in this league will use a pitching machine. Participants also have the opportunity to play in tournaments at local and district levels.

LEESBURG COMMUNITY
GARDEN

The Leesburg Parks and Recreation Department has prepared a community garden as part of our continuing efforts to expand and improve our services to the community.

The Leesburg Community Garden at "Doc" Titus Field is located west of Herlong Park on U.S. Highway 441. This site contains 24 full-size plots (20 feet x 20 feet) and 12 half-size plots (10 feet x 20 feet), which are available for free. To ensure the site is properly maintained, a refundable security deposit is required — \$20 for full-size plots and \$10 for half-size plots.

Much interest has been shown for our garden, but some spaces are still available.

If you are interested in learning more about this program, or if you want to sign up for a plot, visit our office at 318 S. 2nd St.

CAMPS

SPRING BREAK DAY CAMP

Activity Number: 323102-01
Ages: Boys and Girls 6-12
Age Eligibility Date: April 6, 2007
Location: Rogers Park
Dates: April 9 - 13
Hours: 7:30 am - 5:30 pm
Registration: Feb. 5 - April 6
Fee: \$30 per week
Non-resident: \$15 (additional one time fee)

It is time for your child to enjoy spring break fever in this inaugural camp. Bowling and/or roller skating field trips, plus an end of the week party, are just a few of the highlights. A qualified, well-trained staff will provide a safe and outstanding spring break experience for your child. Space is limited, so register your children now.

SUMMER DAY CAMP

Activity Number: 423102
Ages: Boys and Girls 6-12
Age Eligibility Date: June 5, 2007
Location: Rogers Park
Dates: June 5 - Aug. 4
Hours: 7:30 am - 5:30 pm
Registration: Begins March 13
Fee: \$30 per week (does not include field trips)
Non-resident: \$15 (additional one time fee)

This camp is action & adventure oriented with participants enjoying sports, games, arts & crafts, swimming and much, much more. Campers will have an opportunity to join us on several adventurous field trips, like Sea World, Disney Quest, Pirate's Dinner Adventure, De Leon Springs, Wild Waters, weekly during the summer. No spots are held, you choose how many and which week(s) you wish to attend. Be sure to come register for this great summer adventure. Enrollment is limited to a maximum of 100 children per week.

ON THE INTERNET

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The City of Leesburg's Web site is:
<http://leesburgflorida.gov>

CAMPS

CHALLENGER BRITISH SOCCER CAMP

Activity Number: 423103-01 & 02
Ages: Boys and Girls 5-16
Age Eligibility Date: As of July 10, 2007
Location: Sleepy Hollow Complex
Uniform needed: Plastic cleats, shin guards, sun block, water
Dates: July 9 - 13
Hours: Boys and Girls 5 to 9, 9:00 a.m. - Noon; 10-16, 5 - 8 p.m.
Registration: March 13 - June 23
Fee: \$90
Non-resident: \$105

Challenger's British Soccer Camp is the largest youth soccer camp in the US! "The Challenger Way" focuses on challenging players to improve with maximum participation, maximum touches on the ball and maximum fun. Simply put, no line drills, no long speeches and lots of encouragement. This year we will offer a mini camp for ages 4 & 5, which will run from 9 - 11 a.m. The cost of the mini camp is \$84 (non-utility user add \$15). Each camper will receive a hand-stitched soccer ball, a British Soccer Camp T-shirt and an individual skills evaluation. Register at the Parks & Recreation Department or online at www.challengersports.com. Family Discount \$5 off second child, \$10 off third child, etc. Each coach holds a national coaching license from Great Britain and is trained specifically for the British Soccer camp program. Host a Coach! Make this experience even more special for your children by hosting a professional British coach during your week of camp. Free challenger jersey to all that register online prior to

ON THE INTERNET

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SWIMMING LESSONS

Class	Days	Numbers	Class Age	Class Length	Fee	Non-resident Fee
Lessons	M - F (two weeks)	6	6 months & older	45 minutes	\$25	\$40
Private	M - Th (two weeks)	1	3 yrs & older	30 minutes	\$50	\$65

AMERICAN RED CROSS LEARN-TO-SWIM LESSONS

All courses are taught by authorized American Red Cross Instructors. If your child has never had swim lessons before and you do not want them placed, you can register them for swim lessons after the placement date at the Parks & Recreation office located at 318 S. 2nd St. Registration is taken at the pool where you will take the lessons. Participants are asked to come to registration in a swim suit for the purpose of testing and that you will be placed in the proper instructional class. The American Red Cross Swim lessons are offered in the summer months. Adult swim lessons will be offered for beginners, as well as for those looking to improve their strokes. These classes will depend on the demand. Registration is required prior to start of each session and is on a first-come, first-served basis. You must be present to register your child. Each swim level is designed to help people learn to be safe when they are in, on, or around water and also covers skills and knowledge in a logical progression for aquatic skill development. As participants develop these skills, they will become safer and better swimmers.

IPAP - Infant and Preschool Aquatics Program. This program is designed to help young children (6 months - 4 years) to become comfortable in and around the water so they are ready to learn how to swim.
Activity Number: 362301

Level I - Water Exploration. The objective is to help students feel comfortable in the water and to enjoy water safely. Elementary aquatic skill such as floating, kicking and putting their face in the water will be taught.
Activity Number: 362302

Level II - Primary Skills. Students learn to float without support and to recover to a vertical position. This level also marks the beginning of true locomotion skills, using arms and legs, and adds to the self-help and basic rescue skills begun in Level I. Participant must pass Level I in order to sign up for this class.
Activity Number: 362303

Level III - Stroke Readiness. Students learn to coordinate front and back crawl. Elementary backstroke is introduced and the fundamentals of treading water.
Activity Number: 362304

Level IV - Stroke Development. Students will better develop their backstroke and front crawl. We will introduce the elementary backstroke, breaststroke and changing directions swimming on the wall.
Activity Number: 362305

Level V - Stroke Refinement. Students will better develop their backstroke, front crawl, elementary backstroke, and breaststroke. We will introduce the butterfly kick, open turn on front, open turn on back.
Activity Number: 362306

Level VI - Lifeguard Readiness, Diving, Fitness Swimming, or Basic Water Rescue. This level offers four different courses. Lifeguard Readiness instructs participants introductory lifeguarding skills, swimming endurance, and stroke refinement. Diving instructs the participants on how to dive and building endurance while swimming. Fitness swimming instructs how to exercise in the water with different swimming apparatuses and building endurance while swimming. Basic Water Rescue teaches the participants basic water rescues that can be used by the average person.
Activity Number: 362307 Lifeguard Readiness

Activity Number: 362308 Fitness Swimming

Activity Number: 362309 Basic Water Rescue Skills

POOLS

VENETIAN GARDENS (Through March 2, 2007)							
Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Team	5 -7 a.m.		5 - 7 a.m.		5 - 7 a.m.	7:30 - 9 a.m.	
Water Aerobics	11:15 a.m.- Noon		11:15 a.m. - Noon		11:15 a.m. - Noon		
Adult Lap Swim	Noon - 2 p.m.	(every weekday)				10 a.m. -1 p.m.	
Swim Team	5 - 7 p.m.	(every weekday)					
Water Aerobics	7 - 8 p.m.						
Scuba Classes (upon availability)			7 - 8 p.m.		7 - 8 p.m.		

PRIVATE SWIM LESSONS

Activity Number: 562304

Ages: 3 years & Older

Age Eligibility Date: By the start of Class

Location: Venetian Gardens Pool

Uniform needed: Swimsuit and sun block

Time: Morning & Evening Classes

Fee: \$50

Non-resident: \$15 plus Class Fee

Refunds: Will not be given once the class starts

Registration is by appointment only. Call the Parks & Recreation Department at 728-9885 to set an appointment.

Venetian Gardens Schedule		
Section	Time	Dates
14	Noon - 12:30 p.m.	March 5-15, 2007
15	12:30 - 1 p.m.	
16	1 - 1:30 p.m.	
17	1:30 - 2 p.m.	
18	Noon - 12:30 p.m.	March 19-29, 2007
19	12:30 - 1 p.m.	
20	1 - 1:30 p.m.	
21	1:30- 2 p.m.	
22	Noon - 12:30 p.m.	April 2-12, 2007
23	12:30 - 1 p.m.	
24	1 - 1:30 p.m.	
25	1:30 - 2 p.m.	
26	Noon- 12:30 p.m.	April 16-26, 2007
27	12:30 p - 1 p.m.	
28	1 p - 1:30 p.m.	
29	1:30 p - 2 p.m.	
30	Noon - 12:30 p.m.	April 30-May 10, 2007
31	12:30 p - 1 p.m.	
32	1 p - 1:30 p.m.	
33	1:30 p - 2 p.m.	

SWIM LESSONS AT VENETIAN GARDENS

Activity Number: 562301-562309

Ages: 6 months & Older

Age Eligibility Date: By the start of Class

Uniform needed: Swimsuit and sun block

Time: Morning & Evening Classes

Fee: \$25

Non-resident: \$15 plus Class Fee

Refunds: Will not be given once the class starts.

Registration will be at the Parks & Recreation Offices, new swimmers or swimmers unsure of their swim level must be present on the placement date. Individuals not in our system who do not have their placement paperwork will not be allowed to register for any level higher than Level 1.

Placement: Each swimmer above the age of 3 must be present on the swimming placement date at Venetian Gardens Pool to register for any level higher then level 1.If you have participated in American Red Cross Swimming lessons in the past and have your level completion certificate, you may register for a higher level without attending the level placement session. If you have any questions please call the Parks & Recreation Department at 728-9885. Registration is by appointment only.

Schedule

Session 1: June 4-15, 2007

Placement: May 19, 2007 from 9 - 11a.m.

Registration: May 21-June 1, 2007

Session 2: June 18-29, 2007

Placement: June 2, 2007 from 9 - 11a.m.

Registration: June 4-15, 2007

SWIM LESSONS AT H.O. DABNEY

Ages: 6 months & Older

Age Eligibility Date: By the start of Class

Location: Venetian Gardens Pool

Uniform needed: Swimsuit and sun block

Time: Morning & Evening Classes

Fee: Varied

Non-resident: \$15 plus Class Fee

Refunds: Will not be given once the class starts.

Registration will be at the Parks & Recreation Offices. New swimmers or swimmers unsure of their swim level must be present on the placement date. Individuals not in our system who do not have their placement paperwork will not be allowed to register for any level higher then Level 1.

Placement: Each swimmer above the age of 3 must be present on the swimming placement date at Venetian Gardens Pool to register for any level higher then level 1. If you have participated in American Red Cross Swimming lessons in the past and have your level completion certificate, you may register for a higher level without attending to the level placement session. If you have any questions please call the Parks & Recreation Department at 728-9885. Registration is by appointment only.

Schedule

Session 1: June 4-15, 2007

Placement: 9 - 11 a.m., May 19, 2007, at Dabney

Registration: May 21-June 1, 2007

Session 2: June 18-29, 2007

Placement: 9 - 11a.m., June 2, 2007, at Dabney

Registration: June 4-15, 2007

POOLS

VENETIAN GARDENS (March 3 - May 27, 2007)							
Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Team	5 -7 a.m.		5 -7 a.m.		5 -7 a.m.	7:30 - 9 a.m.	
Water Aerobics	11:15 a.m. - Noon		11:15 a.m. - Noon		11:15 a.m. - Noon		
Adult Lap Swim	Noon - 2 p.m.	(every weekday)				10 a.m. - 1 p.m.	
Swim Team	5 - 7 p.m.	(every weekday)					
Open Swim						1 - 4 p.m.	
Water Aerobics	7 - 8 p.m.						
Scuba Classes (upon availability)			7 - 8 p.m.		7 - 8 p.m.		

VENETIAN GARDENS (May 28 - Aug. 12, 2007)							
Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Team	6:30 -8:30 a.m.		6:30 - 8:30 a.m.		6:30 - 8:30 a.m.	7:30 - 9 a.m.	
Swim Lessons	8:30 - 11:45 a.m.	(every weekday)					
Water Aerobics	11:15 a.m. - 12:00pm		11:15 a.m. - Noon		11:15 a.m. - Noon		
Adult Lap Swim	Noon - 2 p.m.	(every weekday)				10 a.m. - 1 p.m.	
Open Swim	2 - 5 p.m.	(every weekday)				1 - 6 p.m.	1 - 6 p.m.
Swim Team	5 - 7 p.m.	(every weekday)					
Swim Lessons	5:15 - 8 p.m.	(every weekday)					
Water Aerobics	7 - 8 p.m.						
Scuba Classes (upon availability)			7 - 8 p.m.		7 - 8 p.m.		

VENETIAN GARDENS (Aug. 13 - Oct. 28, 2007)							
Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Team	5 -7 a.m.		5 - 7 a.m.		5 - 7 a.m.	7:30 -9 a.m.	
Water Aerobics	11:15 a.m. - Noon		11:15 a.m. - Noon		11:15 a.m. - Noon		
Adult Lap Swim	Noon -2:00pm	(every weekday)				10 a.m. - 1 p.m.	
Swim Team	5 -7 p.m.	(every weekday)					
Open Swim						1 - 4 p.m.	
Water Aerobics	7 -8 p.m.						
Scuba Classes (upon availability)			7 - 8 p.m.		7 - 8 p.m.		

POOLS

H.O. DABNEY
(May 6 - May 28, 2007)

Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim						1 - 4 p.m.	

H.O. DABNEY
(May 28 - Aug. 12, 2007)

Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Lessons	8:30 - 11:45 a.m. (every weekday)						
Open Swim	2 - 5 p.m.	(every weekday)				1 - 6 p.m.	1 - 6 p.m.
Swim Lessons	5:15 - 8 p.m.	(every weekday)					

H.O. DABNEY
(Aug. 13 - Sept. 3, 2007)

Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim						1 - 4 p.m.	1 - 4 p.m.

LEESBURG’S HISTORICAL RAIL SYSTEM

From the 1850s, when Leesburg was a promising landing site for steamboat traffic, developers sought ways to connect the city’s diverse commercial, historical and rural areas.

Over the following decades, as railroads evolved into the transportation of choice, Leesburg owed its impressive expansion to the convergence of several major rail lines within its borders.

Leesburg’s rich history as a railroad town has made it the ideal focus site of Lake County’s master development plan to transform the abandoned rail system into a network of trails that connect local neighborhoods, commerce centers, recreational areas, schools and other points of interest.

In October 2003, the city completed its first rail-to-trail conversion using a corridor running south of Main Street to the center of downtown. Rails that had gone unused for years became a crucial guideline for the ongoing development of the many multi-use trails offering easy access to prominent destination sites, as well as wonderful places to walk, jog, bike, picnic, canoe and enjoy equestrian and other sports.

The 20 miles of converted rail-to-trail lines in Lake County function as throughways to help ease commuter traffic congestion, stimulate the local economy and provide safer, more enjoyable recreational spaces.

The City of Leesburg’s plan also serves as a blueprint for other cities and townships nationwide, as they search for uses for the discarded sections of their railway systems.

AQUATICS

AQUACISING

Activity Number: 342208
Ages: 16 & Older
Location: Venetian Gardens Pool
Days: Monday & Wednesdays
Times: 11:15 a.m. - Noon
Uniform needed: Swimsuit
Fee: \$2.75/Day or \$25/Month

This is a year-round program also meets from 7 - 7:45 p.m. Mondays. Work at your own pace, enjoy the water and music in this cardiovascular, low impact workout designed to trim and tone. This program was designed under the guidelines of the Chicago Heart Association for a proper aerobic workout. It has be known to reduce the pain and stiffness of arthritis, help keep cholesterol and blood surgars down, balance and brain function. Phyllis has been enjoying the benefits of water aerobics for over 21 years. Participants do not need to know how to swim, for this water aerobics activitiy is located in chest deep water. For more information, contact Phyllis Rzeminski at 343-8305.

LEESBURG HISTORICAL MUSEUM

The Leesburg Historical Museum offers an opportunity to examine Leesburg’s rich history.

Leesburg is Lake County’s oldest city. The first pioneers arrived in 1843, and the first permanent settlers came in 1857. The Lakefront City was incorporated July 12, 1875, by a vote of 23-2.

Leesburg has been known as the Watermelon Capitol and the Bass Capitol, in addition to being a leading citrus producer.

The museum, which is located on 111 S. Sixth St., is open from 9 a.m. to 4 p.m. (and by appointment(Monday through Friday. It also is home to the Leesburg Heritage Society.

Visit the museum to enjoy Leesburg’s past through the museum’s artifacts, exhibits, postcards, documents and manuscripts, photographs and newspapers.

For more information, call (352) 435-9424.

ON THE INTERNET

Visit us on the web at: www.eteams.com/LRD
The City of Leesburg’s Web site is: <http://leesburgflorida.gov>

ADULT LEAGUE

MEN’S SPRING SOFTBALL

Ages: 16 and Up
Location: Sleepy Hollow Complex
Dates: Managers Meeting
6:30 - 8 p.m., Wednesday,
Feb. 21, at Parks & Rec. Dept.
Fees Due: March 16, 2007
Games Begin: Week of March 19, 2007,
Monday and Wednesday

Sleepy Hollow offers a vaiety of levels of competition. Leagues are held two nights a week. Sign up as a team or as a individual looking for a team. Leagues fill up fast so sign up early.

MEN’S CHURCH LEAGUE SOFTBALL

Ages: 16 and Up
Location: Sleepy Hollow Complex
Dates: Managers Meeting,
6:30 - 8 p.m., Wednesday,
Feb. 21, at Parks & Rec. Dept.
Fees Due: March 16, 2007
Games Begin: Week of March 20, 2007,
Tuesday and Thursday

Compete against other local churches in the recreational league. This league is held two nights a week. Sign up as a team. Leagues fill up fast so sign up early.

ADULT GOLF LEAGUE

Activity number: 441501
Ages: At least 16, unless
accompanied by an adult
Location: Arlington Ridge Golf Course
Tee time: From 3:30 - 5:30 p.m.
Tuesdays, beginning May 8
Registration: April 1 - May 1
Team Fee: \$30

The first session of our Summer golf league will be played for six consecutive weeks. Registration is taken for four-player teams. If you are unable to find four players, we will aid you with our free agents list. The format for this league is a nine-hole scramble, and teams will be divided into divisions after the second week of play. Team fee is due prior to signing up for this league, and team names are encouraged. A postseason awards and banquet will be held after play on the sixth week. An effort will be made to accommodate singles. There will be another six-week session following the completion of the first session.

CO-ED SOFTBALL

Ages: Minimum Age 16
Location: Sleepy Hollow Complex
Uniform needed: Yes
Games: Tuesday & Thursday
Registration: TBA

This program is for adult men and women to participate in amateur 11- and 12-inch slow-pitch softball. There will be an manager's meeting at 6 p.m. Monday May 22, at the Parks and Recreation Department. New teams and players are encour- aged to sign up and look forward to a fun and competitive activity. A free agent list is available for single players.

SHUFFLEBOARD

Location: Palmetto Street
Days: Tuesdays & Fridays
Time: Noon - 3 p.m.

The summer schedule runs from May 1 through Oct. 1) from 8:30 am to approximately 11:30 am. Please contact Jerry Schultz at 787-3817 for more information. Let’s get shuffling.

32ND SUN REC SOFTBALL TOURNAMENT

Ages: Minimum Age 16
Location: Sleepy Hollow Complex
Games: Saturday, June 2
Registration: May 1 - May 30
Fee: \$125 per team

This is an annual open men’s softball tournament not limited to) local teams. The pool- play format will determine the top teams and divide them into a single-elimination tournament to crown the champion. A home run champion award also will be presented. The tournament is open to the first 20 teams that fill out a roster and pay the entry fee.

BASS SERIES CHAMPIONSHIP

Location: Venetian Gardens Boat
Ramp
Days: Starts Febuary 17th
Cost: \$20 per tournament
Time: 6:30 am (safe daylight)
to Noon
Registration: Must register by 5 p.m.
Friday before tournament
Series: Eleven tournaments with
300-point system

MAGNOLIA TRAIL

The City of Leesburg has made a commitment to improving our city and region by providing recreational trails to resident and visitors. With the decline of rail transportation, large tracts of valuable land resources previously unavailable have become accessible. Like so many other communities across the country, we have begun to reclaim these underutilized corri- dors for public use. Magnolia Trail was completed in October 2003 and runs from the Mote-Morris House to the Police Department along an abandoned rail corridor through the heart of Leesburg's Historic District. In February 2004, the city began the develop- ment of the Leesburg Trails Master Plan. After a series of public meetings the master plan was

developed and adopted by the city commission in October 2004. The Venetian Trail is completed. This trail runs for 1/2 mile alongside Canal Street through downtown Leesburg. The city is poised to develop a significant trail network within the city and to become a center in the network of trails in the Central Florida region. The Leesburg Trails Network has the potential to beautify the city, to strengthen community con- nections and to bring residents together through outdoor activity. The trails network will be an important asset in the continuing growth and prosperity of Leesburg.

ON THE INTERNET

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ADULT LEAGUE

CO-ED 7's ADULTS SOCCER

Ages: 16 and up
Location: Sleepy Hollow Complex
Dates: Manager's Meeting, 6:30 to 8 p.m., Wednesday, March 28, at Parks & Rec. Dept.
Fees & Rosters Due: April 9, 2007
Games Begin: 7 - 8 p.m., Friday, April 13

This is a new Coed 7s Adult Soccer league. We will be playing on shortened fields with goalkeepers. Team rosters will be limited to 13 players. The cost is a \$100 sponsorship fee and \$20.00 per individual player, per team. Individual players may sign up for this league and will be placed on a free agent list to be picked up by other teams. Games will be played for 20-minute running halves. Each team is responsible for sponsorship of their team and purchasing uniforms. For more information, please call Parks & Recreation Department at 728-9885.

WOMEN'S FAST-PITCH SOFTBALL

Ages: Minimum Age 18
Location: Sleepy Hollow Complex
Uniform needed: No
Games: TBA
Manager's Meeting: TBA
Team Fee: TBA
Player Fee: TBA

The City of Leesburg is trying to start a women's (18 & over) fast-pitch league. If you are intrerested in playing in this league, call Sharon Jacoby at the Parks & Recreation office at 728-9885. You can also e-mail your interest in playing in a league of this nature by sending your name and two contact phone numbers to:
sharon.jacoby@leesburg.florida.gov.

INSTRUCTIONAL

AMERICAN RED CROSS CPR COURSES

Activity Number: 564111
Ages: Any
Location: Venetian Gardens Pool or Recreation Center
Class Dates: Fridays
Times: 9 a.m. - 5 p.m.
Fee: \$60
Non-resident: \$15 + course fee

American Red Cross CPR, First Aid, & AED classes with new updated course materials. Classes require at least four participants per class.

Session	Date	Time	Registration Ends
3	Friday, Feb. 9, 2007	9 a.m. - 5 p.m.	Feb. 7, 2007
4	Friday, Feb. 23, 2007	9 a.m. - 5 p.m.	Feb. 21, 2007
5	Friday, March 9, 2007	9 a.m. - 5 p.m.	March 7, 2007
6	Friday, March 30, 2007	9 a.m. - 5 p.m.	March 28, 2007
7	Friday, April 13, 2007	9 a.m. - 5 p.m.	April 11, 2007
8	Friday, April 27, 2007	9 a.m. - 5 p.m.	April 25, 2007

SCUBA DIVING

Ages: 11 & Older
Location: Venetian Gardens Pool
Fee: \$175

Program Description: (P.A.D.I. Certification) Jim Calvin of Underwater Adventures is the instructor. Classroom portion of the course will be taught at Underwater Adventures. The in-water portion of the course will be held at Venetian Gardens Pool. Open-water dives are usually held at Alexander Springs. All equipment is provided including mask, fins and snorkel. Text is extra in the fee. For registration information, contact Jim Calvin at 787-0760.

MARINE LIFE EDUTAINMENT

Activity Number: 566901
Ages: 8 years old & Older
Location: TBA
Dates: 1/31/07, 2/7/07, 2/21/07, 3/14/07, 3/28/07, 4/11/07, 4/25/07, 5/9/07, 5/23/07
Time: 6 - 7 p.m.
Fee: \$8/child & \$2/adult accompanied with child

Become engulfed in learning, laughing, and loving marine life. Alicia utilizes the book she wrote and illustrated to teach the exciting course. Throw in a hook off your cruise ship and yank in arts, crafts, or the latest catch. Get in ship shape with ocean storytelling and leave feeling refreshed.

MOTE-MORRIS HOUSE

The Mote-Morris House, which has been designated in the National Historic Register, is located at 1195 West Magnolia St. in Leesburg.
It is open from 10 a.m. to 2 p.m. for free tours the second and fourth Saturday of each month.
Groups can also arrange for tours during the week.

For more information about tours, call the Leesburg Heritage Museum at 315-1800 or 435-9424.
The house also is available for weddings and special events.
For more information on special events, call 728-9898.

VENETIAN COVE MARINA

The Venetian Cove Marina, located at 250 Ball Park Road behind Pat Thomas Stadium by the boat ramp off Dixie Avenue on Lake Harris, is a full-service marina that offers gasoline and oil sales, boat repairs, snacks and ice, a wash and clean service and pressure cleaning for boats.
Dry storage is \$4.50 per foot, per month. Wet

slip is \$4 per foot, per month, plus electric. A two-month security deposit is required. Trailer storage is \$20 per month.
The marina is open 8 a.m. to 5 p.m. seven days a week. It accepts Visa, Mastercard and Discover.
For reservations and information, call (352) 728-0901 or fax (352) 728-1883.

INSTRUCTIONAL

ALICIA’S OLYMPIC SHOW

Activity Number: 566901
Ages: 8 years old & Older
Location: TBA
Available Class Dates: 1/31/07, 2/7/07, 2/21/07, 3/14/07, 3/28/07, 4/11/07,4/25/07, 5/9/07, 5/23/07
Time: 7 - 8:15 p.m.
Fee: \$8/child & \$2/adult accompanied with child

“Bring out the Olympian in You” by learning about discipline, commitment, goal setting and perseverance as you listen to thrilling stories about Olympic Greats. Storytelling, drama, skits, writing, role playing. Light the Olympic Flame and let’s bring back Olympic moments together.

NEW PAINTING INSTRUCTOR

Sharon Kuester’s energy and enthusiasm for painting comes forth in everything she does. Winning first place at the early age of 15 in a competition at Henry Ford Greenfield Village Museum, in Dearborn, Mich., inspired her to become a successful designer and painter. She has been involved in art both as a computer graphic designer and artist for more than 30 years. Sharon became a Certified Mary Owens Teacher after passing her certification in New York and is also a member of the Society of Decorative Painters. She has also won numerous awards at the Clare County Fair and her work is well received by fellow artists and students. She had the honor of showing her work in “Mid-Michigan Healing Arts Gallery” and “Garden of Art Gallery” in Saginaw, Mich. In addition to her commissioned work for Home, Pet and People Portraits, she delights in showing and teaching other people the satisfaction one can gain through painting.

CARDIO TENNIS

Location: Palmetto Street
Class Days: 8 - 9 a.m., Mondays
Registration: Feb. 26-March 19
Fee: \$5 per class
Class size: Maximum of 12 students
Start Date: March 26, 2007

Aerobic tennis drills and non-stop action. Bring one can of tennis balls.

ON THE INTERNET

Visit us on the web at: www.eteams.com/LRD
The City of Leesburg’s Web site is:
<http://leesburgflorida.gov>

TWILIGHT TWOS MIXED DOUBLES

Location: Palmetto Street
Class Days: 6 - 8 p.m., Tuesdays
Registration: None
Fee: Free
Start Date: March 27, 2007

Mixed doubles night for players 3.0 - 4.5 NTPR level. Come as a team or individual & register at 6 p.m. Teams will rotate every half hour. Bring a can of tennis balls.

TENNIS LESSONS

Location: Palmetto Street
Class Days: Parks & Rec. Department
Registration: 728-9885
Ages: All

Tennis lessons for all ages, individual or groups taught by USTA Professional.

TENNIS LEAGUES

We are making a list to see if we can start a men’s or women’s league to compete against other local tennis facilities. Please call the Parks & Recreation Department at 728-9885 to have your name placed on the list.

WORKOUT WEDNESDAY

Location: Palmetto Street
Class Days: 6 - 8 p.m., Wednesdays
Registration: None
Fee: Free
Start Date: March 28, 2007

Come find a player of your level and work up a sweat. Bring a can of tennis balls.

PAYS

Activity Number: 564101
Location: Parks & Rec. Department
Fee: \$7

All parents of children in our sports programs are required to watch the PAYS video. If you need to schedule a time please call 728-9885.

START SMART BASEBALL

Activity Number: 211101
Ages: 3 - 4 years old
Location: Sleepy Hollow Complex
Parent Meeting: 6 p.m., May 23, 2007, at Recreation Dept.
Class Days: 6 - 7 p.m., Wednesday
Registration: April 16 - May 18, 2007
Fee: \$25
Class size: Maximum of 16

This developmentally appropriate introductory prepares children and their parents for organized tee ball, baseball and softball in a fun non-threatening environment. Running, catching, batting, throwing and agility skills will be taught.

PEN, INK AND OIL ROUGING CLASSES

Activity Number: 564202
Ages: All
Days: Saturdays
Time: See Class Schedule
Required Equipment: All equipment is supplied by instructor
Fee: See Class Schedule

You will learn to use a Koh-I-Nor technical pen, prepare different surfaces for inking and rouging, transfer your patterns onto the surface with graphite versus using a projector and ink and rouge with oil. For more information or to register, please call Leesburg Parks & Recreation at

Have fun and join artists of all levels in this class designed to put even beginner at ease with this wonderful technique, designed by Mary Owens. This technique is great because students who have never picked up a brush or pen can easily learn.

728-9885. If you would like more information on her classes, visit Sharon’s Web site at: www.sharonkuester.com. You can also e-mail her at: sharon@sharonkuester.com or call Sharon at 352-365-1330.

Schedule

Session	Day	Art Piece	Canvas/Plate/Box	Fee	Time	Deadline
2	Feb. 24	Barn at Pine Knob	Canvas	\$50	9:30 a.m.-5 p.m.	February 23
3	March 3	Cuddle Bunnies	Wooden Box	\$55	9:30 a.m.-5 p.m.	March 2
4	April 21	From Mary's Garden	Plate	\$55	9:30 a.m.-5 p.m.	April 20
5	May 5	"Eggstra" Special Delivery	Canvas	\$50	9:30 a.m.-5 p.m.	May 4
6	June 2	Summer Daze	Porcelain Tile	\$60	9:30 a.m.-5 p.m.	June 1

INSTRUCTIONAL

LITTLE SAMURAI'S CLASS

Activity Number: 514701
Ages: 3 - 5 years old
Location: Parks & Rec. Department
Class Days: 6 - 6:30 and 6:30 - 7 p.m., Mondays
Registration: Last Friday of each month, or until full
Start Dates: Monthly, lasting for four weeks
Class size: 12 participants per class
Fee: \$30

Looking for a martial arts program that will build your child's self esteem, self confidence and self respect? Look no further. Peterson's Martial Arts provides a curriculum formulated to help your child build self confidence, focus and discipline. Allow Peterson's Martial Arts to make it fun and rewarding. Classes run continuously for four weeks sessions. For more information, call 728-9885 or 874-6615.

GPS TRACKING SCAVENGER HUNT

Ages: All
Location: Flat Island
Equipment: GPS Tracking Device
Date: Feb. 3, 2007
Fee: No Fee

The Parks & Recreation Department and the Lake County Water Property Authority present a GPS Tracking Scavenger Hunt at Flat Island. For more information please call the Parks & Recreation Department at 728-9885

CALENDAR

May

- n School will end for Summer Break
- n Beginning of Open Swim
- n Swimming Lessons Begin
- n Pop Warner Football/Cheerleading registration will begin
- n Thirty-second Sun Rec Softball Tournament registration will begin
- n Basic Water Rescue Classes will begin
- n Water Safety Instructor Classes will begin
- n Co-Ed Softball Manager's Meeting
- n Step up to Health in Leesburg
- n Registration for Summer Camp ongoing
- n Registration for British Soccer Camp ongoing
- n Lifeguard Training classes ongoing
- n Prep Basketball registration will end
- n T-Ball registration will end

June

- n Pools will be open
- n Swimming Lessons ongoing
- n Summer Day Camp will begin
- n Thirty-second Sun Rec Softball Tournament games will begin

HEALTH AND FITNESS

STEVE RAJTAR'S LEESBURG HISTORICAL TRAIL HIKE

Ages: All
Location: Mote Morris House
Registration: Feb. 10, 2007
Time: 9 a.m.
Fee: \$4 for Leesburg Patch (Optional)

Rajtar, a noted author, grew up near Cleveland. He came to Florida to go to college and earned degrees in mathematics, anthropology, law and taxation and decided to stay. He has been involved with the Boy Scouts for more than 25 years and is an activity leader with the Florida Trail Association. He has ties with local Central Florida history through his wife's family, who arrived in Orlando in 1908. The combination of a love of the outdoors and local history has resulted in his establishment of over 150 historical tour routes through the communities of Central Florida, which can be used by anyone to get "up close and personal" with the region's historic sites. He has written several books on various aspects of hiking and history and loves to guide tours by foot, bicycle and kayak.

This is a walk to help celebrate the Leesburg Sesquecentennial. From US 441, drive south on 14th St. (US 27), east on Main Street, and south on 12th St. to the intersection with Magnolia Street to park at the Mote-Morris House (1195 W. Magnolia Street). From there, we'll walk approximately four miles over the next two hours and stop by dozens of sites that figured in Leesburg's history.

STEVE RAJTAR'S LEESBURG HISTORICAL TRAIL HIKE AND BIKE

Ages: All
Location: Mote Morris House
Registration: May 12, 2007
Time: 9 a.m.
Fee: \$4 for Leesburg Patch (Optional)

We will celebrate the "Health" during May's events with a combination ride and hike to Bourlay Historic Nature Park to explore the fitness trail that LRMC has developed. We also will tour the site of LRMC and learn about its history in the city. We'll also bike by the Duram Young Clinic as well of the Holland Clinic which played a very special part in health care for our city over the years.

LEESBURG HISTORICAL TRAIL BIKE RIDE

Ages: All
Location: Mote Morris House
Registration: March 10, 2007
Time: 9 a.m.
Fee: None

In March, the Sesquicentennial theme is "Arts and Culture", so we will have a Historic Bike Tour. We will tour past sites such as Melon Patch Theater, early site of Florida Conference College (later Florida Southern College) as well as Cultural Arts Building and the 1889 Opera House. Tour should take about two hours and return to Mote Morris House. Ride will be led by Jim Hill.

LEESBURG HISTORICAL TRAIL HIKE

Ages: All
Location: Mote Morris House
Registration: April 14, 2007
Time: 9 a.m.
Fee: No Fee

The month of April's theme will be "Communication", so a "Historic Walk" is planned through downtown Leesburg looking at sites where the *Daily Commercial* has been located throughout its 130-year history in Leesburg. We also will visit the new Channel 22 TV site near Pat

NEW FITNESS INSTRUCTOR

Alicia Weber, selected for three world championship teams, is an elite athlete in four sports who has set 27 fitness records. With her 15 years experience on the elite athlete circuit and her education from the University of Florida in marine biology, communication/film studies & exercise/aquatic therapy along with various certifications she will provide individuals with unique, enthusiastic, innovative and entertaining educational or fitness experiences.

ON THE INTERNET

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<http://leesburgflorida.gov>

HEALTH AND FITNESS

FAMILY FITNESS COMPETITION

Activity Number: 566901
Ages: 8 years old & older
Location: Ski Beach
Date: Saturday
Time: 9 a.m. - 1 p.m.
Fees: Registration fee prior to the Sunday before competition: \$30/individual; \$55/Family of three; \$70/Family of four.
Registration Fee Week of Competition: \$35/Individual; \$60/Family of three; \$70/Family of four.
Note: No event day registrations

A day of fitness for the novice or advanced exerciser in a warm, family-friendly, atmosphere geared to learn, share, and develop in fitness through "a large group personal training setting that includes fitness games." We meet at the start of the competition and join in for stretching and a fitness introduction. Following that session, participants will do three fitness games that will develop individual fitness and team spirit. There are different games and routines every month, so see what this month brings by calling 352-874-4363.

Date	Registration Ends
Jan. 27, 2007	Jan. 26, 2007
Feb. 24, 2007	Feb. 23, 2007
March 24, 2007	March 23, 2007
April 28, 2007	April 27, 2007
May 26, 2007	May 25, 2007
June 30, 2007	June 29, 2007

HEALTH BENEFITS WITH THE SMOOTHIE

Activity Number: 566901
Ages: All ages
Location: Community Center Main Room
Date: Feb. 6, 2007
Time: Noon - p.m.; 5 - 6 p.m.
Fee: Free
Registration: Limited participant space, please call the Parks & Recreation Department to reserve your seat.

The seminar will have free smoothie samples and recipe ideas. It also will discuss smoothie benefits combined with exercise. This free seminar is very beneficial for the employee looking to grab a quick, healthy, satiating meal on their lunch break or for the athlete looking to get better in their sport.

CROSS COUNTRY RUNNING EVENTS

Activity Number: 566901
Ages: 12 years old & Older
Location: Sleepy Hollow Complex
Date: Check schedule
Time: Check schedule
Fees: Prior to the event day registration fee: \$10/ youth event \$20/ adult event \$20/relay team of two event \$30/ relay team of three event
Event Day Registration Fee: \$15/ youth event; \$25/ adult event
Note: No race day registrations for relays
Please pay by check for race day registration

Run under the stars on a moonlit evening or at daybreak and "save your legs" with cross country events held on grass and gravel. Get in a festive dramatic mood as you run and engage in hilarious laughs and inspiring entertainment by Alicia — considered by many as the mascot of the Collegiate National Triathlon Championship since 2002, where she performs drama and "goes into different personalities." Weeknights is for the "lights, camera, action cross country series." One week-night a month you will receive a special-themed skit along with awards and prizes to race winners AND each month the distance builds February — 3K-run/1K-walk; March — 4K-run/1.5K-walk; April — 5K-run/2K-walk; May — 6K-run/3K-walk; June- 8K-run/4K-walk. Weeknight races begin at 4 pm. There are also weekend races known as "The Cross Country Running Festival." This event includes a kid's race, relay race, a fun race and a standard cross country race. To get more details

CALENDAR

February

n Valentines Day Parents Night Out: This is a night for parents to get some "free" time. Bring the children to the Community Building at 109 E. Dixie Ave., for a fun-filled evening on Friday, Feb. 9, from 5:30 to 10 p.m. There will be arts & crafts, games & movies, dinner will be served. Fee is \$7 per child.

June

n Leesburg Lighting: Leesburg's Collegiate Wooden Bat Team begins its season June 7 at Pat Thomas Stadium.

July

n 4th of July Celebration: The carnival will begin at 11 a.m. at Venetian Gardens, starting a fun filled day with food venders and caricatures by Gene Crippler. Free musical entertainment, Venetian Gardens Pool will be open, face painting, treasure island, water ski show, Florida Collegiate Summer Baseball League Game at Pat Thomas and a fireworks display.

1-ON-1 AND 2-ON-1 PERSONAL TRAINING

Activity Number: 566901
Ages: 13 years old & older
Location: Meet at Venetian Gardens Pool Parking Lot
Date: Call Alicia Weber at 352-874-4363
Time: Call Alicia Weber at 352-874-4363
Fee: 1-on-1 Training — \$60/appointment 1-on-1 Training — \$200/10 appointments 2-on-1 Training — \$60/appointment/individual 2-on-1 Training — \$200/10 appointment/individual

Training is based on the session for the purpose of individual's goals and condition. Option of land or water training. Open to ALL abilities and ages. Alicia has worked with people with many severe conditions to seniors, kids, & elite athletes. Personal Training has flexible scheduling. For appointment times and more information please call Alicia Weber at 352-874-4363.

TRAINING PLAN DESIGN SESSION

Activity Number: 566901
Ages: 13 years & older
Location: Meet at Venetian Gardens Pool Parking Lot
Date: Call Alicia Weber at 352-874-4363
Time: Call Alicia Weber at 352-874-4363
Fee: \$65/Fitness Training Plan \$75/Fitness Training & Nutrition Plan

Are you already self-motivated and just need guidance, then try. Training Plan Design Session for \$65 (include nutrition for \$10). Alicia is a certified sport nutrition consultant and fitness trainer with more than four years experience making exercise programs for individuals. She combines her knowledge and expertise with technology and fitness assessment tests to create an individual's fitness or fitness/nutrition plan. After the initial testing and evaluation, a plan is formulated that can be for six weeks, six months, or a year. Call Alicia at 352-874-4363 to set up your training design session or to get a free consultation.

HEALTH AND FITNESS

SPORTS SPECIFIC TRAINING

This program prepares the serious athlete to get one season ahead of their scheduled sport season by training on agility, speed, strength, & stamina, with creative drills. This is an intense, but fun program and limited to 15 participants age 13 and up. Some outcomes include strength gain, faster reaction time, more speed and less tendency of injury. It has been proven effective for an athlete to do sport specific training in their off-season to get ready for their sport.

Yearly Sport Specific Training Program Schedule:

Fall/Winter September - February — The program is preparing athletes for sports including but not limited to track, baseball, softball and basketball.

Activity Number: 566901
Ages: 13 years old & older
Location: Meet at Venetian Gardens Pool Parking Lot
Date: See Session Schedule
Time: See Session Schedule
Fee: \$60/ four appointments per month; \$120/ eight appointments per month

Spring: March - May — The program prepares athletes for sports including but not limited to long-course swimming, tennis and Junior Olympic Sports.

Summer: June - August — The program prepares athletes for sports including but not limited to football, soccer, short-course swimming and cross country.

Schedule

Session	Day	No. of Apptmnts	Dates	Time	Deadline
2	Wednesday	4	2/7/07-2/28/07	9 -10 a.m.	Feb. 6, 2007
	Monday & Wednesday	8	2/5/07-2/28/07	4 - 5 p.m.	Feb. 6, 2007
3	Wednesday	4	3/7/07-3/28/07	9 -10 a.m.	Feb. 4, 2007
	Wednesday	4	3/7/07-3/28/07	4 - 5 p.m.	March 6, 2006
	Monday & Wednesday	8	3/5/07-3/28/07	4 - 5 p.m.	March 4, 2006
4	Wednesday	4	4/4/07-4/25/07	9 - 10 a.m.	April 3, 2007
	Wednesday	4	4/4/07-4/25/07	4 - 5 p.m.	April 3, 2007
	Monday & Wednesday	8	4/2/07-4/25/07	4 - 5 p.m.	April 1, 2007
5	Wednesday	4	5/9/07-5/30/07	9 - 10 a.m.	May 8, 2007
	Wednesday	4	5/9/07-5/30/07	4 - 5 p.m.	May 8, 2007

SIX-WEEK TRAINING PROGRAM

Activity Number: 566901
Ages: 13 years & older
Location: Meet at Venetian Gardens Pool Parking Lot
Date: See Session Schedule
Time: See Session Schedule
Fee: \$120/person

Are you a local employee looking for fitness on your lunch break? Are you a person trying to get fit in a safe, exciting way? Are you an athlete rehabbing an injury and looking to get back in the game soon? Or are you an athlete or non-athlete just looking for a fun exercise group to join in a small group setting? If you answered yes to any question, this program is for you. Also, a 1-on-1, six-week conditioning program is available with a land or water training option for \$180, meeting twice a week. Call 352-874-4363 for more details.

Schedule

Session	Day	No. of Apptmnts	Dates	Time	Deadline
2	Monday & Wednesday	2	2/19/07-3/29/07	Noon - 1 p.m.	February 18, 2007
	Tuesday & Thursday	2	2/19/07-3/29/07	11 a.m. - Noon	February 18, 2007
	Tuesday & Thursday	2	2/19/07-3/29/07	6 - 7 p.m.	February 18, 2007
3	Monday & Wednesday	2	4/2/07-5/9/07	Noon - 1 p.m.	April 1, 2007
	Tuesday & Thursday	2	4/2/07-5/9/07	11 a.m. - Noon	April 1, 2007
	Tuesday & Thursday	2	4/2/07-5/9/07	6 - 7 p.m.	April 1, 2007

FUN FITNESS PARK PARTY

Activity Number: 566901
Ages: 13 years - 23 Years
Location: Fountain Lake Park
Date: March 20, April 17, May 8
Time: 4:3 - 7:30 p.m.
Fee: \$8/Party

A special party event with food, refreshments, fun and excitement geared to bring young men and young women together for fitness challenges and camaraderie. Come for all events or just your favorite one.

The following are the events and their timeline:

4:30 p.m. — Obstacle course: Huff Puff and Triumph in fun fitness moves, exercise routines and laughter. Please wear a comfortable workout outfit and bring a towel, water bottle and a jump rope if you have one. This isn't a competition.

5:30 p.m. — Pump up the Volume: Hip hop, jazz, breakdance. Rev the bod up with some fast dance moves and cool music. Participants will join in a group dance.

6:30 p.m. — Fitness comedy: If you haven't earned your daily allowance of laughter already, you will here. If you like to be on stage and have a knack for being a jokester, drama king or queen, or even a health nut, you don't want to miss this opportunity to to join in on some skits.

For more information, call 728-9885.

PARK RESERVATIONS

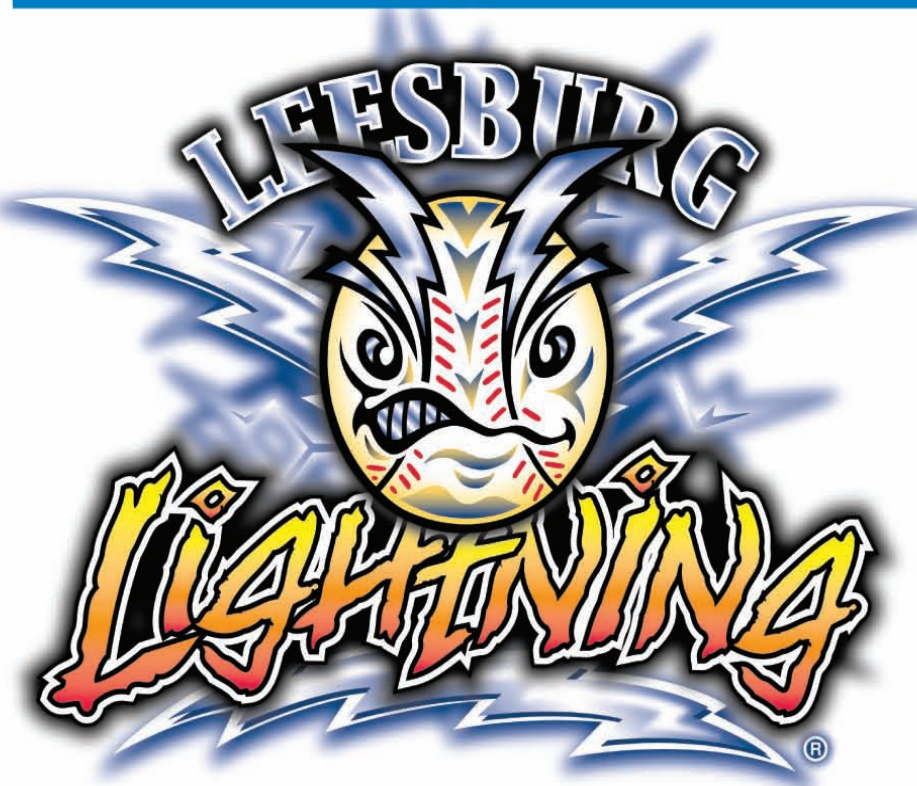
Reservations can be made and paid for with a Visa or MasterCard by calling the City of Leesburg Parks & Recreation Department at 352-728-9885, from 7:30 a.m. to 5 p.m., Monday through Friday. Locations are available for reservations seven days a week, unless a City event is going on. Fees vary depending on location and type of event. Reservations are taken for holidays, as long as the City has no scheduled events at that location.

Some events may have to go through a special event application process, for example special requests for additional garbage receptacles, utility locates for tents, barricades, police security, etc. Please call 352-728-9760 for more information.

Note: The Parks & Recreation Department does not provide chairs, tables, tents, garbage receptacles or port-a-pottys for any rental events in our parks.

RECREATION AND PARKS FACILITIES										
Facility	Total Acres	Pavilions	Picnic Tables	Water Taps	Barbecue Grills	Playgrounds	Restrooms	Pets	Special Features	Pavilion Rental Fee
Berry Park 2121 Johns Ave.	35	X	X	X	X	X	X	Yes	Walking path, water fountain, covered picnic pavilion	\$16.05 child birthday \$32.10 (all other)
Corrine Williams Park 2141 Woodland Blvd.	1.5					X		No	Youth Playground 1/2 basketball court	
Fountain Lake Park 600 W. Meadow St.	35					X		Yes	Walking trail, water fountain, covered picnic areas, toddler park	
H.O. Dabney Recreation Complex 1080 Beecher St.	2		X				X	No	Swimming pool, bathhouse, two full-size water basketball courts, two enclosed slides, picnic area	
Herlong Park 700 E. North Blvd.	2.5	X	X	X	X			No	Picnic area, historical train, public pier, boat ramp to Lake Griffin	
Jessie L. Holliman Park 1016 Tuskegee St.	0.5					X		No	Youth playground	
John L. Johnson Park 205 Mills St.	2					X		No	Colorful youth playground equipment, two basketball courts	
Lake William & Lane Mary Park	21							No	Two lakes, walking park	
Leesburg Community Building 109 E. Dixie St.	NA						X	No	Banquet, reception and meeting facilities	Call 728-9898
Leesburg Cultural Arts Building	NA						X	No	Meeting facilities	Call 728-9898
Leesburg Historic Museum 111 S. 6th St.	NA							No	Hours: 9 a.m.-4 p.m.	Call 315-1800
Magnolia Trail parallel with Magnolia St. between Palmetto St. and the Mote-Morris House	NA							Yes	For walkers and bikers, lined with benches and outdoors exercise equipment	(7/10 of a mile)
Mote-Morris House 1195 W. Magnolia Ave.	2							No	Gazebo and fantastic landscaping (rental available for weddings, public meetings, receptions), parking, free public tours	Call 728-9898
Palmetto Street Complex 310 S. Palmetto St.	2		X				X	No	Four tennis courts, Twenty-four shuffleboard courts	
Rogers Park 610 S. 9th St.	1.5	X	X	X	X	X	X	No	Enclosed pavilion (rental), covered picnic area, playground	\$16.05 child birthday, \$32.10 (all other)
Singletary Park 1902 S. 14th St.	1.5							Yes	Public pier, boat ramp to Lake Harris	
Sleepy Hollow Recreation Complex 2775 Hollow Lane	80	X	X	X	X	X	X	No	Four adults softball fields, Two Babe Ruth fields, Two girls fast-pitch softball fields, two soccer/football fields, concession stand, covered pavilion (rental), toddler playground	\$16.05 child birthday \$32.10 (all other)
Susan Street Recreation Complex 940 Susan St.	57		X	X	X		X	No	Tennis courts, outdoor raquetball courts, ball fields, picnic area	
Town Square Park	2							No	Water fountain, walking trail, beautiful foliage	
Venetian Cove Marina 250 Ball Park Rd.	NA		X		X		X	Yes	Boat slips, dry storage, ramps, access to Lake Harris	Call 728-0907
Venetian Gardens 201 E. Dixie Ave.	45	X	X	X	X		X	Yes	Gazebo (rental available (for weddings), regulation size pool with bathhouse, seven islands with fantastic landscaping, Ski Beach, parking, Pat Thomas Stadium	\$32.10 (utility users) \$48.15 (non-user)

Comming to Leesburg - Summer 2007



FLORIDA COLLEGIATE SUMMER LEAGUE 2007

ALTAMONTE SPRINGS SNAPPERS • LEESBURG LIGHTNING • SANFORD RIVERRATS
WINTER PARK DIAMOND DAWGS • WINTER SPRINGS BARACUDAS

**FREE
ADMISSION
To ALL
Games**



LEESBURG
The Lakefront City

Leesburg Lightning 2007 Schedule

June

7 - Winter Park (H)
9 - Winter Springs - DH (A)
11 - Sanford (A)
12 - Winter Springs (H)
14 - Altamonte (H)
15 - Winter Park (A)
16 - Sanford - DH (H)
18 - Winter Park (A)
19 - Sanford (A)
20 - Winter Park (A)
21 - Winter Springs (A)
22 - Military All-Stars (H)
23 - Military All-Stars (A)*
24 - Altamonte - DH (A)

25 - Altamonte - (A)

26 - Winter Springs (H)

27 - Sanford (A)

28 - Altamonte (H)

29 - Winter Park (H)

July

2 - Sanford (A)

3 - Winter Springs (H)

4 - Altamonte (H) 3:00pm

6 - Winter Park (A)

7 - Sanford - DH (H)

9 - Winter Park (H)

10 - Sanford (A)

12 - Winter Springs (A)

13 - Winter Park (A)

15 - All Star Game

17 - Winter Springs (H)

18 - Winter Park (H)

19 - Altamonte (A)

21 - Altamonte - DH (H)

23 - Altamonte (A)

24 - Winter Springs (A)

25 - Sanford (H)

26 - Winter Springs (H)

27 - Winter Park (H)

31 - Playoffs Begin

August

5 - Championship Game

*at Sanford

DH - Double Header

Contact the Leesburg Parks & Recreation Department
for Information (352) 728-9885